



All menu items are store-bought and nut-free.

MONDAY

**BREAKFAST:** Cereal (Multi Grain Cheerios & Rice Krispies),  
Milk (Cows/Oats), Water

**AM SNACK:** Arrowroot Cookies & Apple

**PM SNACK:** Baby Gourmet - Carrot Stick (Gluten Free/Organic),  
Milk (Cows/Oats), Water



TUESDAY

**BREAKFAST:** Gerber Rice & Banana Cereals (Gluten Free/Organic),  
Milk (Cows/Oats), Water

**AM SNACK:** Baby Mum - Mum Rice Wafers - Banana (Gluten Free/Organic)  
& Carrot

**PM SNACK:** Baby Gourmet - Blueberry Spinach Wafers (Gluten Free/Organic)  
& Mandarin

WEDNESDAY

**BREAKFAST:** Baby Gourmet - Organic Baby Cereal -  
Apple Spinach Oatmeal, Milk (Cows/Oats), Water

**AM SNACK:** Baby Grahams Cracker & Cucumbers

**PM SNACK:** Cheese Sticks & Crackers

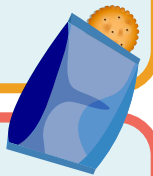


THURSDAY

**BREAKFAST:** Cereal (Multi Grain Cheerios & Rice Krispies),  
Milk (Cows/Oats), Water

**AM SNACK:** Baby Gourmet - Fruit & Veg Bars (Gluten Free/Organic)  
& Apple

**PM SNACK:** Rice Cracker (Gluten Free) & Apple Sauce



FRIDAY

**BREAKFAST:** Rice Cake (Gluten Free), Milk (Cows/Oats), Water

**AM SNACK:** Baby Gourmet - Organic Carrot & Grain Puree  
(Gluten Free/Organic) & Banana

**PM SNACK:** Love Duck Corn Puffs (Gluten Free/Organic) & Fruit Bar

